

APPETIZERS



BACON WRAPPED SCALLOPS \$11
Served in whiskey garlic butter wit garlic toast

FRESH P.E.I. MUSSELS \$12
Choice of spicy Marinara sauce or steamed in white wine and garlic served wit garlic toast
(SUBJECT TO AVAILABILITY)

CALAMARITIME \$9
Tossed in lemon pepper flour, crisped up & served wit red onions & ranch dip

GARLIC FINGERS \$6.5
(A New Brunswick Favorite)
Toasted garlic fingers wit Donair sauce
Add Mozza \$2
Add Real Bacon (none of that fake shitte!!) \$2

SPUD ISLAND PLATTER \$11
That's potato skins wit cheddar, bacon and green onions served wit sour cream

CHICKEN WINGS (1 lb.) \$11
Friggen hot, hot, teriyaki, honey garlic, BBQ, salt & pepper, lemon pepper, sweet chili sauce, cajun or plain. Served wit veggie & dip.

CHIPS/DRESSIN' & GRAVY \$7
"Just like yer ma's!"

BASKET O'ONION RINGS \$5

DRY GARLIC RIBS (1 lb.) \$9
Friggen hot, hot, teriyaki, honey garlic, BBQ, salt & pepper, lemon pepper, sweet chili sauce, cajun or plain. Served wit veggie & dip.

BREADED FANTAIL SHRIMP \$10
Served wit sweet chili mayo or cocktail sauce

BROTHERS DEEP FRIED PEPPERONI \$9
Served wit honey mustard



L'IL STARTED SEASAR \$6



SHARED APPETIZERS

SEAFOOD SCOFF \$18
Mmmmm clams, fantail shrimp, calamari, cod, fries, crisp veg, coleslaw, and dips

CAN'T MAKE UP YER FRIGGEN MIND PLATTER \$18
Wings, dry garlic ribs, onion rings, zucchini sticks, battered mushrooms, fresh veggies, & a choice of two dips.

TRAP'S NACHO SUPREME \$13
Crispy nacho chips LOADED with cheddar, mozza, green onions, tomato, jalapenos, & olives served wit salsa & sour cream

Add Chicken, Spicy Chicken, or Spicy Beef \$4 ea.

POUTINE



THE CLASSIC POUTINE \$8

THE NEWFIE MESS POUTINE \$11
Poutine wit spicy beef, sauteed onions, & dressin' topped wit green onions

SHEPARD'S PIE POUTINE \$11
Poutine wit beefy homemade shepard's pie filling topped wit green onions

CHICKEN POT PIE POUTINE \$11
Poutine wit chicken, corn, peas, & carrots topped wit green onions

DONAIR POUTINE \$11
Poutine wit donair meat, onions, tomato, sweet sauce topped wit green onions

CHOWDA, GREENS, AND PASTA

SUM GOOD "SEAFOOD CHOWDA" \$8
Lovely, tell yer ma!

TOWNIE TOSS \$6
Side \$4

SEAFOOD PASTA (A Trap Favorite) \$11
Prawns, mussels, scallops, tossed in a creamy white wine, maritimer or rosee garlic sauce. "All sauces made fresh in the Back."

Get yours baked wit cheese \$2

"All of the above are served wit garlic fingers."



DEEP FRIED GOODNESS

TRAP'S FAMOUS BEER BATTERED COD
Served wit home made fries & home made coleslaw

3-Piece.....\$13 or 2-Piece.....\$12
Add Dressin' & Gravy \$2

"Bet yer arse it's real Atlantic Cod bye"

CLAM STRIPS (battered not bearded) \$11

CHICKEN FINGERS (hand breaded) \$11

"All the above are served wit yer choice of home made fries, Trap chips, coleslaw, garden salad (add a buck fer seasar, chowda, or sour cream and chive baked potato)"

Add shrooms, cheddar, bacon, or sauteed onion \$1.5

BIG HONKIN' BURGERS AND SANDWICHES

THE BIG ARSE \$11
Our own Trap recipe 7 oz. mixed n' pressed right here wit all the fixins!!

TRAP BURGER \$13
Big arse wit cheese, bacon and onion rings

MIDTOWN STEAK SANDWICH \$12
7 oz. AAA Angus "tasty, like a meaty bone!!!"
'Put the Coast on the Cow' and add crispy fantail shrimp for \$3

BEEF DIP "thinly sliced cabot trail road kill" \$11
Seasoned beef roasted in house wit home made red wine Au Jus

#^! CLUB "She's Stacked Buddy!!" \$11
Fresh grilled chicken breast n' bacon in a double decker

FREAK BURGER \$11
"that would be homemade veggie"

GRILLED DIRTY BIRD on a PANINI Loaf \$11
BBQ, Teriyaki, Cajun or Lemon Pepper

COD BURGER "pan fried cod wit tartar" \$12

THE HALIFAX DONAIR \$11
Home made Donair Loaf!! Sliced thin, pan fried, and stuffed into a pita wit veggies and home made sweet sauce
SUPER Donair - add mozza fer \$2
JUMBO Donair - double the meat fer \$4

